



## SCHOOL-BASED COUNSELING

*Partnership Program*

### How Your School Can Benefit

Our program options allow schools to access a level of care and expertise they might not be able to attain on their own

- a licensed mental health professional
- training for clinician and access to essential systems for documentation and licensure
- liability and malpractice insurance
- support teams to handle intake and billing for outpatient services
- supervision of the clinical work required by DHS/DPI
- telehealth capabilities when student or clinician is not on site
- education for students and parents to help them understand how to access services
- access to a team with broad experience, expertise, and levels of care

**Christian Family Solutions** (CFS) offers unique and innovative ways to deliver mental health services in a school setting through our **School-based Counseling Partnership Program**. Through this program, staff, students and families have the necessary support and guidance to access professional mental health services in the comfort and convenience of the school setting, reducing stigma and increasing the opportunity for early and effective intervention.

Our licensed mental health professionals have experience working in school settings, navigating confidentiality and building relationships essential to successful outcomes. Our flexible program keeps student needs at the center and aims to create a win-win-win situation for the school, its students and families, and CFS.



While adults can draw on past experiences for coping skills, young people haven't necessarily had those same experiences and, as a result, have been impacted to a greater extent by the pandemic. All schools, sooner or later, will have to address the mental health impact."

*High School Guidance Director  
at a CFS partner school*

## Structure with Flexibility

*CFS offers three program options:*

### Dual-Role Model

- CFS provides a licensed mental health professional to provide mental health services on a medical model, billing for counseling services through insurance (3 billable hours per day on average)
- In addition to billable services, the Dual-Role Counselor assimilates as part of the school staff for non-clinical work such as building trusted relationships with students, mental health and wellness education, and case management
- The Dual-Role Counselor is available to the school for valuable non-billable work such as training for staff and parents, office hours to meet with students in a non-clinical manner, and facilitating classroom discussions on topics such as character and resilience
- The school and CFS share the cost of the counselor's salary
- **This model is best for schools with a high need for services, with no social worker or counselor to handle non-billable duties**

### Dual-Role Model on a Per Diem Basis

- Same as Dual-Role Model
- CFS pays the Dual-Role Counselor's salary; the school pays CFS per semester for a specified number of days per week
- **This model is best for schools with a moderate need for services, with no social worker or counselor to handle non-billable duties**

### On-site Clinician Model

- CFS provides a licensed mental health professional to provide mental health services on a medical model, billing for counseling services through insurance (an average of 5 billable hours per day on site)
- The school chooses the number of days per week
- CFS pays the clinician's salary and the school provides referrals per week for the clinician to reach the average of 5 billable hours per day on site
- **This model is best for schools that have social or case workers who handle non-billable work and will refer students to the CFS on-site clinician**



Learn more about us at: **ChristianFamilySolutions.**

